



## **Your Corporate Membership at Soul Pilates, LLC**

Great News! Soul Pilates, LLC offers free classes to you for 1 week!

### **Types of Classes:**

Traditional Hot Pilates - 60 minutes  
Hot Pilates Express - 50 minutes –(early bird class)  
Hot Pilates Basics - 50 minutes (low heat)  
Hot Boxing Circuit - 60 minutes  
Pumping Iron - 50 minutes

**\*\*\*We offer early, mid-morning, lunch hour, and evening classes!**

### **How your Corporate Membership works:**

- 1) Person in charge of HR/Wellness/Compensation & Benefits will choose 1 week on their calendar for all of their internal employees to come try all of our classes.
- 2) Each employee will need to show their company ID picture badge when they check –in at our studio’s front desk.
- 3) After your “Corporate Week” is over, anyone who wants to join the studio on their own will receive an instant 25% off for a whole year!

### **Please email:**

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